

**Optional Tour:** Fivelements Agni Hotra Ceremony and Dinner  
**Date:** Thursday, 14<sup>th</sup> July 2016  
**Cost:** \$129.00

Traditional Balinese Blessings and the Agni Hotra Ceremony are two modalities that we are privileged to have access to in beautiful Bali. It doesn't matter if you are a religious person or not, the beauty and healing energy created during these ceremonies seems to touch everyone who attends.



During an Agni Hotra ceremony, certain rituals are carried out by the participants and the attending priests. Originating from the ancient Hindu scriptures, agni refers to fire and hotra to healing. Priests and participants make offerings into the fire while Sanskrit chanting of mantras invokes blessings of health and abundance.

Chanting helps to create a beautiful healing vibrational energy, offerings are given up into the fire, and coconuts are broken and given to the fire as a representation of the destruction of ego. Then a priest will usually bless each individual and present them with various offerings to take away from the ceremony. Even if you attend for pure interests sake, it is hard not to get swept up and carried away by the calm, healing energy that is created from these ceremonies.



Following the Agni Hotra ceremony will be a five course raw vegan, organic degustation menu at the Fivelements resort restaurant. Fivelements is world renowned for its exquisite fine dining menu, featuring some of the most talented chefs in the industry to create a specialised menu that is as much art as it is food. Don't be discouraged if you are not a vegan, the combinations of flavours, textures and food art will have you marvelling that food can taste (and look!) so good!